

Spiritual Day Timings

Hall – Yoga (Yoga Instructor – BP) and Mindfulness (SW)- Squirrels	
9:00 -10:20 (40 minutes each)	Group 5- Hall/Squirrels Group 6 – Squirrels/Hall
10:20 – 10:40	Break
10:40 – 12:00 (40 minutes each)	Group 1 – Hall/ Squirrels Group 2 – Squirrels/Hall
12:00 – 13:00	Lunch
13:00 – 14:20 (40 minutes each)	Group 3 – Hall/ Squirrels Group 4 – Squirrels/ Hall
14:20 – 14:40	Afternoon Break
14:40 – 15:00	Singing Seeds of Friendship in the hall.

Owl Class – Prayer Heart/Singing (led by VH) and Fox Class – Positive Pebbles/Fingerprint Tree (AW) (Motto)	
9:00 -10:20 (40 minutes each)	Group 3 – Owls/Foxes Group 4 – Foxes/Owls
10:20 – 10:40	Break
10:40 – 12:00 (40 minutes each)	Group 5 – Owls/Foxes Group 6 – Foxes/Owls
12:00 – 13:00	Lunch
13:00 – 14:20 (40 minutes each)	Group 1 – Owls/ Foxes Group 2 – Foxes/Owls
14:20 – 14:40	Afternoon Break
14:40 – 15:00	Singing Seeds of Friendship in the hall.

Wonder Walk - 2 groups Outside – Meet in Hares and other group meet in Hedgehogs (JV/SMC)	
9:00 -10:20	Group 1 – Hares Group 2 - Hedgehogs
10:20 – 10:40	Break
10:40 – 12:00	Group 3 – Hares Group 4 - Hedgehogs
12:00 – 13:00	Lunch
13:00 – 14:20	Group 5 – Hares Group 6 - Hedgehogs
14:20 – 14:40	Afternoon Break
14:40 – 15:00	Singing Seeds of Friendship in the hall.