Please see some helpful resources for parents and children

* Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: [https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=ZZc8IlmOw50V5NkfVAbLAA&url=https%3A%2F%2Fwww.place2be.org.uk%2Fabout-us%2Fnews-and-blogs%2F2020%2Fmarch%2Fcoronavirus-information-for-children%2F)
* Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: [https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=ZZc8IlmOw50V5NkfVAbLAA&url=https%3A%2F%2Fyoungminds.org.uk%2Fblog%2Ftalking-to-your-child-about-coronavirus%2F)
* Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: [https://www.mindheart.co/descargables](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=ZZc8IlmOw50V5NkfVAbLAA&url=https%3A%2F%2Fwww.mindheart.co%2Fdescargables)
* Amaze - information pack for parents [https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=ZZc8IlmOw50V5NkfVAbLAA&url=https%3A%2F%2Famazesussex.org.uk%2Ffaqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove%2F)