# St Nicholas' CE (VA) Primary School

Learn, Achieve, Grow: Together

Term 1 Christian Value is: Friendship Big Idea is: Skilful



### **Tuesday 10th October 2023**

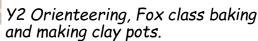
Issue 4

Our Big Ideas are Skilful, Creative, Spiritual, Resourceful, Aspirational and Worldly. This term our Big Idea is Skilful. We, as a school, will be learning new skills. Skilful means to us: learning new skills like computing, money or cooking; getting better at skills like football or sewing and creating skills. We prefects believe that learning new skills is important and it is good for getting us ready for that big leap to adulthood. We had our big Skilful Day on Monday it was about cooking and economy. The Badgers were even farmers for the day! We know our Curriculum Days are fun and will be fun this year because we get to experience new responsibilities and challenges for the later years in our life.

#### Year 6 Prefects









## Safeguarding:

PANTS means Private! At school children learn about the 'PANTS' message. Talking PANTS helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried. For more information, follow link: <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>

#### **Table Manners**

One of the things that we worked on as school during Skilful week was manners. We have noticed in the dining hall that many of our children (and this includes our older children) are not demonstrating good table manners and this is an important life skill that all our children need to develop, so we need your help! Please can you practice using a knife and fork correctly with your child at mealtimes over half term: using the fork to hold the food in place and the knife to cut small sections of food. The pieces should be small enough for your child to place the whole forkful in their mouth and close their mouth. We have many children attempting to eat food without cutting it or only using a fork. Not only is this not good manners it is also a choking hazard. It can be useful to practice with younger children using play dough or plasticine.

You Tube: How to Use a Knife and Fork Together | Cutlery | Kids | Learn | Table Manners | Teach—OT and Me





#### **DSAT Conversion Update:**

In Term 2 we will begin the transfer process to becoming an Academy as part of the Diocese of Salisbury Academy Trust. This is officially happening on 1st December but you may begin to notice some branding changes with our new logo on have already started to appear and this will increase next term with new signage across the school. Other than that there will be no major changes happening and you certainly won't notice any big changes on December 1st. We will continue to be the St Nicholas that you know and love, it just means we now have a bigger community of support around us. Below you will see our new logo and the DSAT logo which will appear on letters and signage.





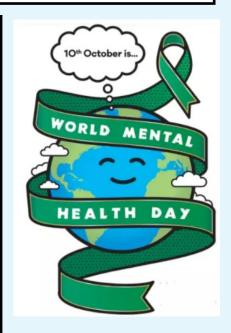
#### **World Mental Heath Day**

Last week we celebrated World mental Health day in school where we shared with the children the message that looking after your mental health is really important. We shared some ways that the children could do this e.g. getting outside in nature, moving their bodies, eating well, mindfulness and talking to someone.

Supporting the wellbeing of children has never been so important. To assist you in doing this, we have shared these two fantastic free parental resources for you on our website under "Parent Support."

Child Mental Health & Wellbeing - 10 Top Tips for Parents Parents' Mental Health & Wellbeing - 10 Top Tips for Parents

We hope that our parents will find these informative and supportive.



#### **Important Reminders:**

#### **Upcoming Diary Dates:**

**Every Wednesday: Chaplain days** 

October:

17th: Open afternoon from 14:15 all welcome 18th: SCHOOL CLOSED Teacher training

19th: half term begins

November: 13th-17th- Anti Bullying Week 17th: PTA Disco

20th: Travelling book fair

December: 11th-12th- Nativity Performances

19th - Christmas Sérvice & Whole School Christmas Dinner

20th-Last day of term