



St. Nicholas' CE
Primary School

Child Friendly Anti Bullying Policy

School statement on bullying



This school is a place where everyone has the right to be themselves. It is a place where everyone can feel safe, be happy and learn. Everyone at our school is included and acts with respect and kindness towards each other. Our school takes bullying very seriously.

What is Bullying?

Bullying is when someone is intentionally unkind or hurtful several times on purpose.

SEVERAL TIMES ON PURPOSE AND HURTFUL

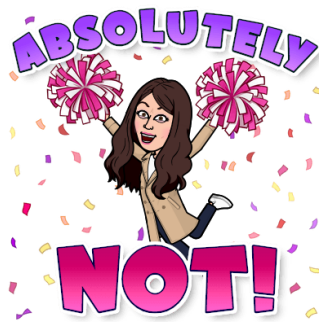
Further examples of Bullying:

- Name calling
- Physical violence
- Putting people down
- Making people feel frightened or upset
- Deliberately leaving someone out or teasing.
- Hitting or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, use rude language or saying nasty things about someone to them or to other people.
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Sending hurtful or unkind texts, emails or online messages to someone or about someone.

Bullying can be about:

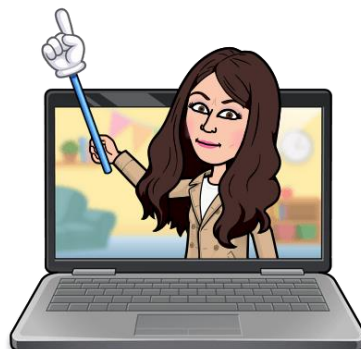
- Race or ethnicity (racist bullying)
- Religion or belief
- Family and culture
- Sexist Bullying
- Homophobic bullying
- Special educational needs or disability bullying
- What someone looks like
- Where someone lives or who they live
- How someone talks

No one should ever be picked on for being different in any way.



Why does bullying happen?

Although bullying doesn't happen very much at this school it might happen. Pupils who bully can be older, younger, bigger or smaller than you. Pupils who bully pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.



Where does bullying happen?

Bullying can happen at school, after school or online.

What should I do if I think someone is being bullied?



Each Autumn we have a dedicated Anti Bullying week to help to remind us what bullying is and how to stop it from happening at St Nicholas. Some of the previous themes are shown above. Do you remember them?

In our school we all take responsibility in keeping each other safe. It is never OK to see someone being bullied and do nothing (being a bystander). You can tell people to stop (become a defender) or you can tell an adult about what has happened. If you think someone is being bullied then talk to the person, ask if they're okay and ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

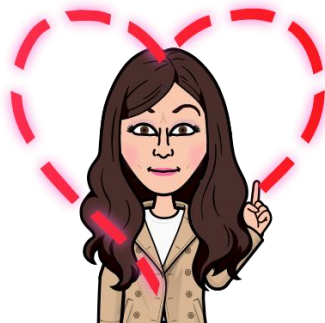
If you are being bullied it is important to tell someone you trust. Tell an adult or friend, either at school or at home.

If you have already told an adult about bullying you can still tell them again.

You can:

1. Tell a teacher - your class teacher or any other teacher
2. Tell a friend you trust
3. Tell any other adult staff in school - such as Teaching Assistants, midday supervisors or the school office
4. Tell an adult at home
5. You can also write a note about the bullying and put it under Mrs Hill's door or go and chat to her at any time.
6. You can also call Child Line at any time for free on 0800 1111. They will not tell anyone about what you have said.

If you tell a teacher or adult at school they will be able to help you. They will tell Mrs Hill and your parent or carer so that they can help you. Telling an adult will never make bullying worse. They will talk to you and the people bullying to find ways to stop the bullying and keep you safe



How to prevent bullying from starting

Remember that our school ethos is "Let everything you do be done with love" 1 COR 16:14

If we all work together and follow the school rules : Ready, Respectful and Safe and we are always as kind and loving as we can be to each other then bullying can have no place to grow in our school.