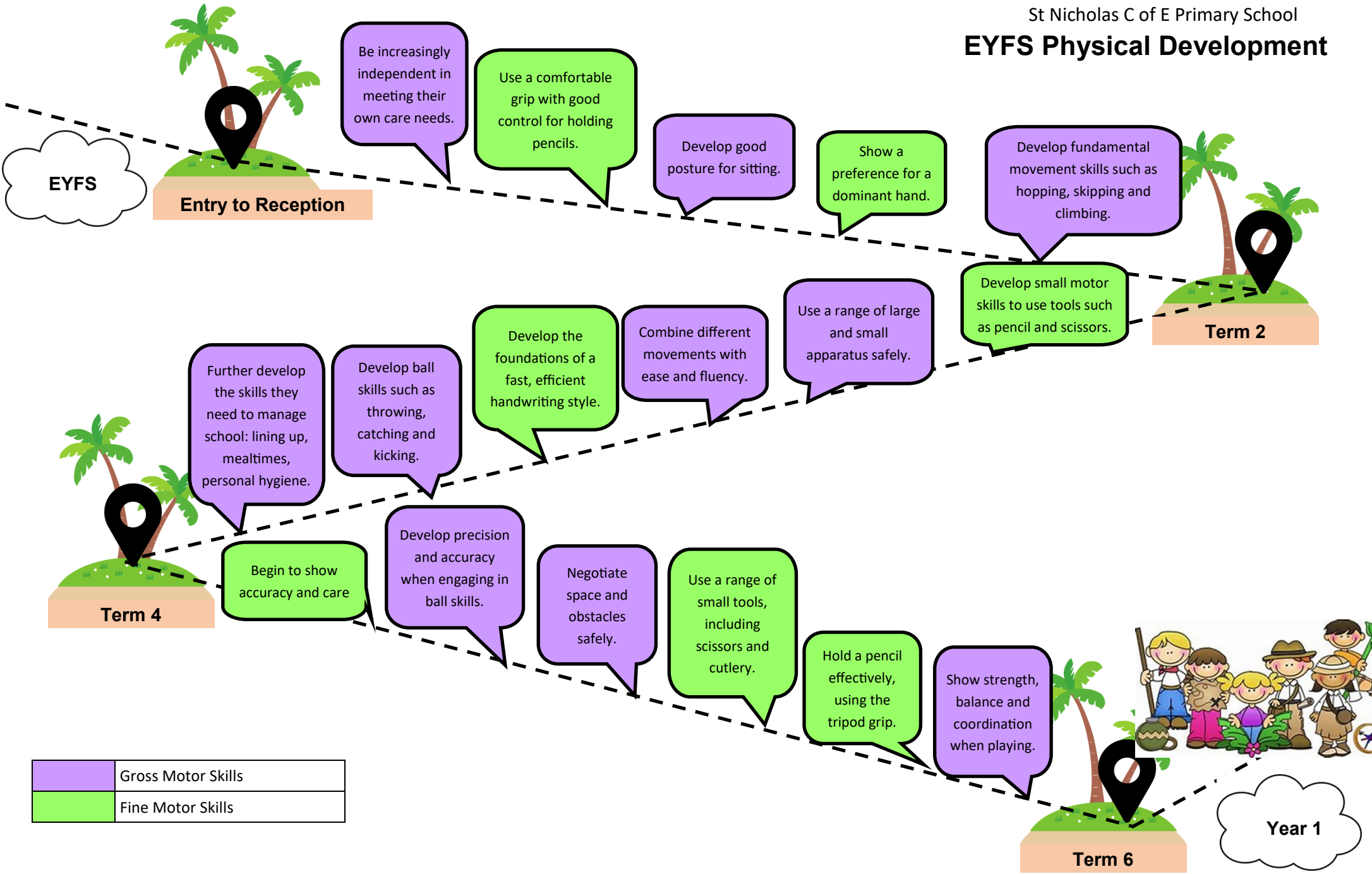


St Nicholas C of E Primary School
EYFS Physical Development



Be increasingly independent in meeting their own care needs.

Use a comfortable grip with good control for holding pencils.

Develop good posture for sitting.

Show a preference for a dominant hand.

Develop fundamental movement skills such as hopping, skipping and climbing.

Develop small motor skills to use tools such as pencil and scissors.

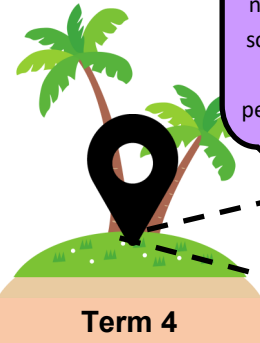
Further develop the skills they need to manage school: lining up, mealtimes, personal hygiene.

Develop ball skills such as throwing, catching and kicking.

Develop the foundations of a fast, efficient handwriting style.

Combine different movements with ease and fluency.

Use a range of large and small apparatus safely.



Term 4

Begin to show accuracy and care

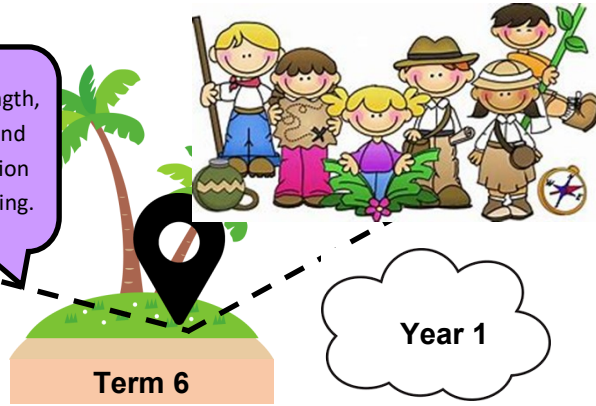
Develop precision and accuracy when engaging in ball skills.

Negotiate space and obstacles safely.

Use a range of small tools, including scissors and cutlery.

Hold a pencil effectively, using the tripod grip.

Show strength, balance and coordination when playing.



Term 6

Year 1

	Gross Motor Skills
	Fine Motor Skills